

1321st ORDINARY GENERAL MEETING
Wednesday 1 May at 6:30pm

via Zoom webinar

The 1321st Ordinary General Meeting of the Royal Society of NSW will take place at **6:30 pm on Wednesday 1 May 2024 via Zoom webinar**, followed by an open lecture.

AGENDA

- 1. WELCOME** – President, Dr Susan Pond AM FRSN
- 2. MINUTES**
Minutes of the 1320th Ordinary General Meeting will be reviewed.
- 3. CONFIRMATION OF NAMES OF CANDIDATES FOR FELLOWSHIP AND MEMBERSHIP**
The Council has not met since the last OGM, so there are no candidates to be announced for Members' consideration at this meeting.
- 4. PRESENTATION OF FELLOWSHIP AND MEMBERSHIP CERTIFICATES**
The President will present certificates to new Fellows whose nomination was tabled at the previous OGM (or who were unable to attend previously to receive their certificate) at the next face-to-face OGM scheduled for Wednesday 5 June 2024.
- 5. REPORT FROM COUNCIL AND COMMITTEES OF COUNCIL**
The President will update membership on the key activities underway for 2024.
- 6. OPEN LECTURE**

“Brain Health Equity – a new frontier for healthy longevity”

Scientia Professor Kaarin Anstey FRSN FASSA FAHMS

**Deputy Director, ARC Centre of Excellence for Population Ageing
Neuroscience Australia, UNSW Sydney**

In the last two decades, evidence has accumulated on the importance of modifiable lifestyle factors and chronic disease that impact brain health and increase the risk of late-life neurodegenerative conditions. In the past 5 to 10 years, the evidence on environmental risk factors for neurodegenerative conditions has strengthened. However, implementing strategies to reduce risk has typically focused on individual behaviour change. In this talk, Professor Anstey will provide an overview of this evidence on dementia risk reduction and brain health promotion and outline what individuals can do to reduce their own risk of dementia. She will then discuss the socio-demographic and socio-economic factors that enable or prevent brain healthy lifestyle. She will present an argument that brain health inequity is one of the largest challenges to society and governments' aspirations for healthy ageing.

About the speaker

Scientia Professor Kaarin Anstey is an ARC Laureate Fellow in the School of Psychology at the University of New South Wales (UNSW). She is also Director of the UNSW Ageing

Futures Institute, and Co-Deputy Director of the ARC Centre of Excellence in Population Ageing as well as a conjoint Senior Principal Research Scientist at Neuroscience Research Australia. Prof Anstey's research programs focus on cognitive resilience in ageing as well as the prevention of dementia. She has developed risk assessment tools and interventions for people at risk of dementia. A second focus of her work is on older driver safety and in this field Anstey has also developed and validated risk assessment tools and interventions. She is a member of the World Dementia Council.

7. VOTE OF THANKS

8. CLOSE – President

Dr Donald Hector AM FRSN

Secretary